



# BEAUTY THERAPY QUALIFICATIONS AT LEVELS 2 & 3

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**UPDATE YOUR KNOWLEDGE AND EXPAND YOUR  
TREATMENT LIST WITH OUR PROFESSIONALLY  
RECOGNISED BEAUTY THERAPY QUALIFICATIONS.**  
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# BEAUTY THERAPY COURSES AT UXBRIDGE COLLEGE

Whether you want to learn a new skill, update your existing knowledge or expand your treatment list, we have the right courses for you.

Our 4-6 week short courses are the perfect way to gain a professionally recognised beauty therapy unit in a specific treatment, enabling you to offer your clients with a more extensive range. We also offer one year full Level 2 and 3 qualifications in Beauty Therapy.

Training takes place in Distinction – our professional salons – with highly qualified lecturers who are experienced therapists and provide high-quality teaching.

Assessments take place as part of the course and all students must pass the Health and Safety unit in order to achieve.

You will need to purchase a uniform, however you do not need to purchase a beauty kit but it would be advisable as it will provide you with the equipment you need to practise your skills.

## HOW TO APPLY

Please contact:

[Lorraine Osborne](#), Course Team Leader - Beauty Therapy (Commercial)

[losborne@uxbridgecollege.ac.uk](mailto:losborne@uxbridgecollege.ac.uk) / 01895 853736 or

[Jo Boyles](#), Hair & Beauty Administrator

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# LEVEL 2 COURSES IN BEAUTY THERAPY

## LEVEL 2 AWARD IN MANICURE SERVICES

### Course content includes:

- ▶ maintenance and care procedures for the hands and nails
- ▶ application of colour to the nails
- ▶ correct and safe method of cuticle maintenance
- ▶ luxury elements of a manicure treatment (paraffin wax, hand mitts and warm oil nourishing treatments)
- ▶ associated anatomy and physiology
- ▶ client consultation techniques.

**Date:** September 2016 / **Duration:** 6 weeks / **Price:** £475

### Further courses:

- Gel Nail Polish Application
  - Nail Enhancements
  - Level 2 Award in Pedicure Services
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## LEVEL 2 AWARD IN PEDICURE SERVICES

### Course content includes:

- ▶ maintenance and care procedures for the feet and nails
- ▶ application of colour to the nails
- ▶ correct and safe method of cuticle maintenance
- ▶ luxury element of a pedicure treatment (paraffin wax, feet mitts and warm oil nourishing treatments)
- ▶ associated anatomy and physiology
- ▶ client consultation techniques.

**Date:** October 2016 / **Duration:** 6 weeks / **Price:** £475

### Further courses:

- Gel Nail Polish Application
- Level 2 Award in Manicure Services

## LEVEL 2 AWARD IN FACIAL SKINCARE

### Course content includes:

- ▶ associated anatomy and physiology
- ▶ analysing, cleansing, balancing/toning the skin
- ▶ full facial massage routine
- ▶ client consultation techniques.

**Please note:** this qualification is required to complete the Level 4 Award in Laser Skin Rejuvenation and Hair Removal.

**Date:** please call 01895 853610 for the next start date / **Duration:** 6 weeks / **Price:** £475

### Further courses:

- Level 3 Award in Facial Electrical Therapy
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## LEVEL 2 AWARD IN WAXING SERVICES

### Course content includes:

- ▶ techniques for hair removal from all areas of the body and face, using hot and warm wax
- ▶ associated anatomy and physiology
- ▶ understand the use of chemical depilatory products
- ▶ studying the structure of the hair and how hair grows
- ▶ post-treatment care
- ▶ client consultation techniques.

**Date:** please call 01895 853610 for the next start date / **Duration:** 6 weeks / **Price:** £475

### Further courses:

- Level 3 Award in Epilation/Electrolysis

## LEVEL 2 AWARD IN LASH AND EYEBROW TREATMENTS

Course content includes:

- ▶ correct application of Flare (individual) lashes and strip lashes
- ▶ shaping/tinting of eyelashes and eyebrows
- ▶ associated anatomy and physiology
- ▶ post-treatment care
- ▶ client consultation techniques.

Date: please call 01895 853610 for the next start date / Duration: 4 weeks / Price: £375

Further courses:

- Marvel Brow/HD Brows
- 

## LEVEL 2 AWARD IN MAKE-UP SERVICES

Course content includes:

- ▶ associated anatomy and physiology
- ▶ understand how to highlight and shade to redefine the structure of the face
- ▶ product performance and placement to understand how to enhance natural beauty using various products
- ▶ bridal, day and evening make-up artistry.

Date: please call 01895 853610 for the next start date / Duration: 6 weeks / Price: £475

Further courses:

- Advanced Make-Up
- Level 3 Award in Air Brushing Make-Up
- C&G Level 3 NVQ Diploma in Theatrical, Special Effects Hair & Media Make-Up



## LEVEL 2 NVQ DIPLOMA IN BEAUTY THERAPY

This course is for those who wish to develop their skills for a career in the beauty therapy industry.

Course content includes:

- ▶ waxing
- ▶ manicure and pedicure
- ▶ facial therapy
- ▶ make-up
- ▶ eye treatments
- ▶ health and safety
- ▶ reception duties
- ▶ retail and promotion
- ▶ customer relations
- ▶ all associated anatomy and physiology.

**Entry requirements:** you will be interviewed to assess your suitability for the course. GCSEs grade D in English and maths are desirable.

**Date:** September 2016 / **Duration:** 1 Year / **Price:** £1,830

**Further courses:**

- C&G Level 3 NVQ Diploma in Beauty Therapy - Massage route
- C&G Level 3 NVQ Diploma in Theatrical, Special Effects Hair & Media Make-up
- Advanced Apprenticeship in Beauty Therapy







## LEVEL 3 COURSES IN BEAUTY THERAPY

These award courses have been devised to meet the changes within this fast developing industry, whilst meeting the demands of client care.

These specialist courses are suitable for those with a relevant Level 2 Beauty Therapy qualification. All Level 3 courses require an interview to check previous qualifications and to carry out initial assessments.

### LEVEL 3 AWARD IN FACIAL ELECTRO-THERAPY

Recent local authority legislation changes now require those planning to run a beauty business to hold this qualification, as a minimum.

Course content includes:

- ▶ contra-indications, contra-actions and skin analysis
- ▶ associated anatomy and physiology
- ▶ Galvanic, micro-dermabrasion, high-frequency vacuum suction and EMS.

**Please note:** this qualification is required to complete the Level 4 Award in Laser Skin Rejuvenation and Hair Removal.

**Entry requirements:** Level 2 NVQ or VRQ in Beauty Therapy or Level 2 Award in Facial Skincare

**Date:** please call 01895 853610 for the next start date / **Duration:** 6 weeks / **Price:** £575

**Further courses:**

- Level 4 Award in Laser and Light Skin Rejuvenation
- Level 4 Award in Laser and Light Hair Removal

## LEVEL 3 AWARD IN INDIAN HEAD MASSAGE

### Course content includes:

- ▶ associated anatomy and physiology
- ▶ Indian head massage
- ▶ massaging areas: face, head, chest/shoulders, arms/hands and back.

**Entry requirements:** none, however a Level 2 in Facial Skincare would be an advantage.

**Please note:** massages can be performed over clothing.

**Date:** September 2016 / **Duration:** 6 weeks / **Price:** £495

### Further courses:

- Level 3 Award in Body Massage
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## LEVEL 3 AWARD IN BODY MASSAGE

Use Swedish massage techniques to help reduce and treat the symptoms of stress. This course is now a requirement by local authorities for those planning to run a beauty business.

### Course content includes:

- ▶ five classic massage movements
- ▶ associated anatomy and physiology
- ▶ Swedish massaging techniques to deliver body massage on most areas of the body.

**Entry requirements:** Level 2 NVQ or VRQ in Beauty Therapy

**Date:** October 2016 / **Duration:** 6 weeks / **Price:** £575

### Further courses:

- Level 3 Award in Stone Massage
- Level 3 Award in Massage using Pre-Blended Aromatherapy Oils

## LEVEL 3 AWARD IN STONE MASSAGE (specialist course)

You will gain the skills and knowledge required to enable you to perform professional stone therapy massage treatments on clients, using hot and cold stones. This qualification covers massaging and placing of stones on the head, face and body.

### Course content includes:

- ▶ how to adapt stone therapy treatments to suit individual client's need
- ▶ hydro-therapy treatment
- ▶ associated anatomy and physiology
- ▶ stone therapy massaging techniques using hot/cold stones.

**Entry requirements:** Level 3 Award in Body Massage or Level 3 NVQ or VRQ in Beauty Therapy.

**Date:** January 2017 / **Duration:** 6 weeks / **Price:** £575

### Further courses:

- Level 3 Award in Indian Head Massage
  - Level 3 Award in Massage using Pre-Blended Aromatherapy Oils
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## LEVEL 3 AWARD IN MASSAGE USING PRE-BLENDED AROMATHERAPY OILS

Gain the skills and knowledge required to perform professional massage aromatherapy treatments on clients, using pre-blended aromatherapy oils.

### Course content includes:

- ▶ massaging using aromatherapy techniques
- ▶ adapt massage treatments to suit individual client's needs
- ▶ associated anatomy and physiology
- ▶ aromatherapy massaging techniques using pre-blended oils.

**Entry requirements:** Level 3 Award in Body Massage or Level 3 NVQ or VRQ in Beauty Therapy

**Date:** please call 01895 853610 for the next start date / **Duration:** 4 weeks / **Price:** £575

### Further courses:

- Level 3 Award in Indian Head Massage

## LEVEL 3 AWARD IN EPILATION

This is a lucrative service, as not many salons are offering this treatment. It is a must have for all salons. You will need to register with the local government once qualified.

### Course content includes:

- ▶ best method of treatment: blend, Galvanic Diathermy
- ▶ associated anatomy and physiology
- ▶ needle selection
- ▶ practical skills to perform treatments.

**Entry requirements:** Level 2 NVQ or VRQ in Beauty Therapy

**Date:** please call 01895 853610 for next start date / **Duration:** 6 weeks / **Price:** £575

### Further courses:

- Level 4 Advanced in Beauty Therapy
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## LEVEL 3 AWARD IN BODY ELECTRICS

Learn the knowledge and skills required to carry out electro-therapy treatments on clients to improve skin conditions to aid weight loss. This qualification can be added to additional short courses to become a fully qualified beauty therapist or to advance your skills within your profession.

### Course content includes:

- ▶ figure diagnosis
- ▶ associated anatomy and physiology
- ▶ high frequency, Galvanic, micro-current, Faradic (EMS) and vacuum suction treatments
- ▶ body analysis – lifestyle, diet and exercise plans, body analysis, weight and fat %.

**Entry requirements:** Level 2 NQ or VRQ in Beauty Therapy

**Date:** please call 01895 853610 for the next start date / **Duration:** 6 weeks / **Price:** £575

### Further courses:

- Level 4 in Advanced Beauty Therapy

## LEVEL 3 AWARD IN SELF-TANNING

You will gain the knowledge and techniques required for spray and manual tanning application. This course can be added to additional short courses to become a fully qualified beauty therapist or for therapists wishing to advance their profession.

Course content includes:

- ▶ associated anatomy and physiology
- ▶ manual tanning methods
- ▶ application of spray tanning.

Entry requirements: None

Date: please call 01895 853610 for the next start date / Duration: 3-4 weeks / Price: £375

Further courses:

- Level 3 courses in Beauty Therapy
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## LEVEL 3 AWARD IN AIRBRUSHING MAKE-UP

Learn the knowledge and skills required to carry out air brushing make-up techniques for different occasions, to create a professional and fresh look!

Course content includes:

- ▶ client care and communication
- ▶ associated anatomy and physiology
- ▶ understanding skin types and conditions
- ▶ make-up application using an air gun and compressor.

Entry requirements: Level 2 in Make-Up Services

Date: please call 01895 853610 for the next start date / Duration: 6 weeks / Price: £375

Further courses :

- C&G Level 3 NVQ Diploma in Theatrical, Special Effects Hair & Media Make-up
- Photographic Make-Up

## LEVEL 3 NVQ DIPLOMA IN BEAUTY THERAPY - MASSAGE

This course provides you with a range of specialist technical and practical skills and knowledge, which will equip you to seek employment or further training within the Beauty & Spa Therapy Industry.

Achievement of this qualification demonstrates to an employer that you have the skills and knowledge of health and safety, customer service and also have the necessary advanced technical skills such as body massage and facial electro-therapy to be employed as a Senior Beauty/Spa Therapist.

### Course content includes:

- ▶ promote and sell products and services to clients
- ▶ body massage
- ▶ facial electro-therapy treatments
- ▶ aromatherapy
- ▶ anatomy and physiology
- ▶ health and safety
- ▶ stone massage
- ▶ Indian head massage
- ▶ tanning treatments.

**Entry requirements:** Level 2 NVQ or VRQ in Beauty Therapy

**Date:** September 2016 / **Duration:** 1 Year / **Price:** £2,346

### Further courses:

- Progress into employment
- Level 4 qualification in Advanced Techniques or Management, such as: Level 4 Diploma in Management Practice and Advanced Techniques in the Hair and Beauty Sector
- Laser and Skin Rejuvenation



**TO BOOK YOUR PLACE OR FIND OUT MORE PLEASE CONTACT:**

▶ **JO BOYLES**  
**01895 853610**  
**HAIRANDBEAUTY@UXBRIDGECOLLEGE.AC.UK**

We can also arrange exclusive training courses for your whole team. Call us now to find out more.

**DISTINCTION SALONS AT**

**HAYES CAMPUS**



College Way, Coldharbour Lane,  
Hayes, Middlesex UB3 3BB

Tel: 01895 853333

Fax: 01895 853636

**Rail:**

Hayes and Harlington Station.

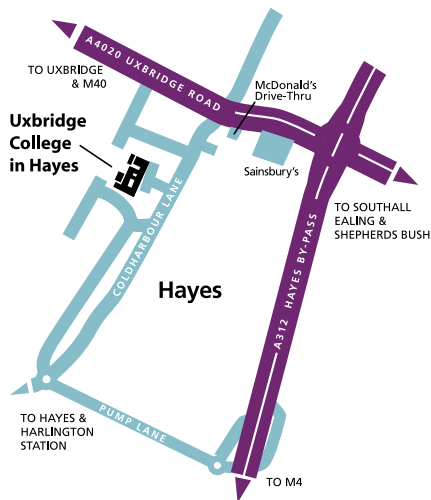
**Buses:**

90, 140, 195, 207, 607, E6, H98, U4,  
427, E7.

Buses stop on Coldharbour Lane apart  
from 207, 427 and 607 which stop on  
Uxbridge Road near the Hayes  
Community Campus.

**Car Parking:**

On-site – Entrance via Coldharbour Lane.



**01895 853333**  
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